



Trip description

From Girona to Figueres, biking into the heart of Catalonia

Catalonia by bike from Girona to Figueres through Emporda vineyards and along the Costa Brava

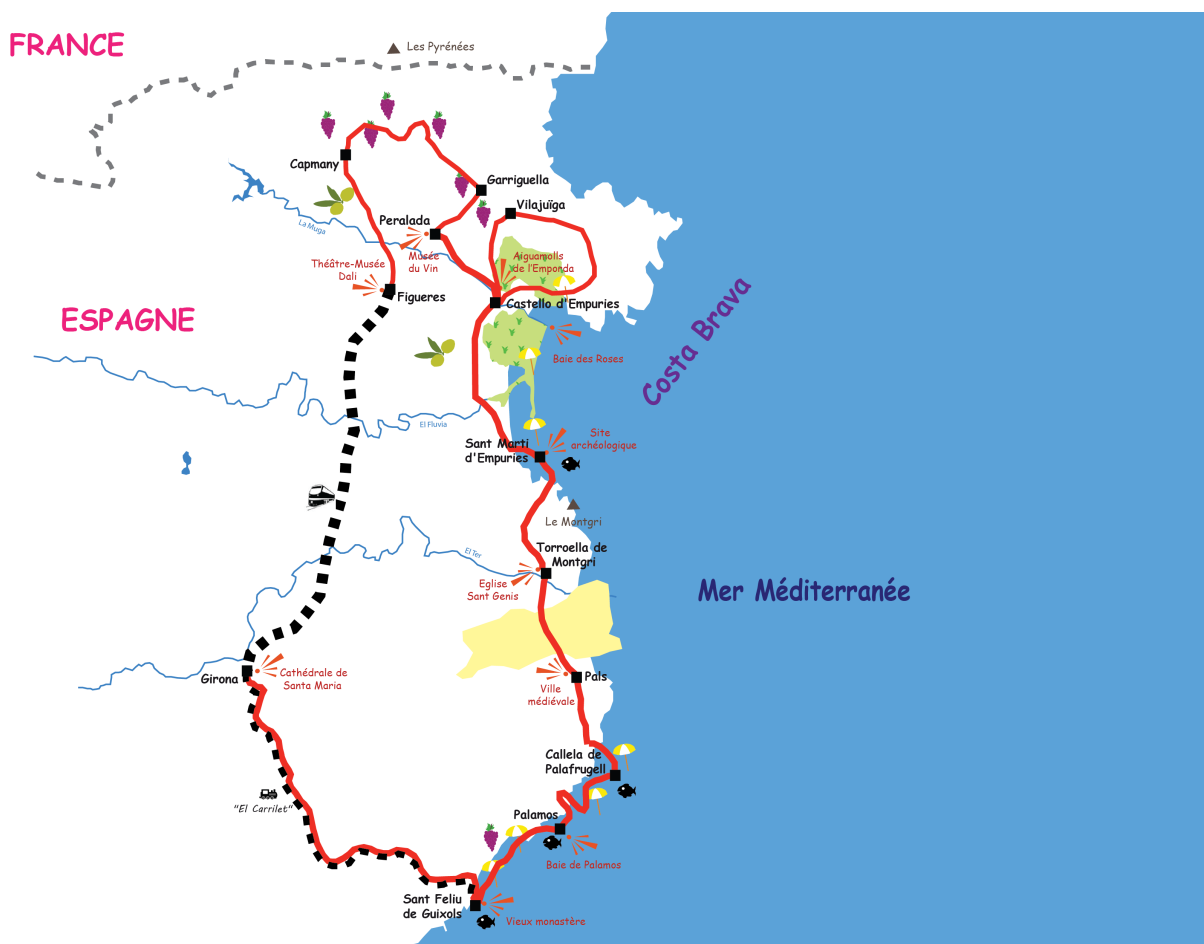


Destination	Europe
Location	Spain
Duration	8 days
Difficulty Level	Moderate
Validity	01.03 - 31.10 (not recommended...)
Minimum age	12 years
Reference	E0801

Type of stay
itinerant trip



Itinerary



In the heart of Catalonia, in Costa Brava's inland lies the famous wine region Emporda.

From Girona, you reach gradually the Mediterranean Sea and ride down the coast between sea and mountains. Discover medieval villages of Northern Emporda, including Castellò Empúries and Peralada enjoy on your way the delicious fruity wines.

You discover a valley with fairly dry landscape with vineyards and olive trees that rise gently on the foot of the Pyrenees. This cycling trip ends in Figueres, Dali's favorite city, known for its famous ramblas.

Day 1

Arrival in Girona

Discover the baroque old town of Girona. Visit the cathedral, a splendor of Gothic architecture and the medieval Jewish quarter, one of the best preserved worldwide.

You walk around the ramparts to admire the magnificent panorama on the city.

Day 2

Girona – Sant Feliu de Guixols

Bike
43km

From Girona you bike leisurely towards the coast. You will walk along the former railway track "El carrilet" long used as a means of transporting the goods cork. You will then reach Sant Feliu with its seaport and its historical city, beautifully illustrated by his old Benedictine monastery of the 10th century.

Day 3

Sant Feliu de Guixols – Calella de Palafrugell

Bike
31km

Your bike trip leads you along the coast to the bay of Palamos where large fishing villages (Platja d'Aro) and small villages of the Iberian coast (Cala Castell) are worth visiting. You stop at the unspoilt cove Platja de Castell, with its Iberian settlement on the left side. It's the ideal place to picnic and take a swim in the Mediterranean sea. For the last section of today's route you ride on a greenway built on a former railway taking you directly to the picturesque old fishing village Calella de Palafrugell, one of the pearls of Costa Brava.

Day 4

Calella de Palafrugell – Torroella de Montgri

Bike
26km

You continue your bike trip along the coast towards the northern region of the Emporda. Arrive in Palafrugell, with its fish, meat and vegetables markets. You can also visit here the Cork museum. The ride take you through natural wetlands with extensive rice fields and long sandy beaches. You discover villages where a rich medieval past has been preserved such as Pals and Torroella de Montgri.

Day 5

Torroella de Montgri – Castellò d'Empúries

Bike
34km

After the Montgri uplands you reach the bay of Roses with its long sandy beaches and numerous natural resources.

Close to the medieval town of Sant Mari de Empúries you visit the archaeological site and remains of the Gallo-Roman period dating from 600 BC. JC. The city of Empúries was an important market place of the Roman Empire.

You continue North through the protected marshlands of Aiguamolls de l'Emporda and arrive at the wonderful medieval village Castellò Empúries located in the heart of the

natural park of the Aiguamolls.

Day 6

Roundtrip from Castello d'Empuries

Bike
35km

This route starting in Castello d'Empuries offers stunning views on the Pyrenees from old vineyards. On your way, you will have the opportunity to taste the delicious fruity wines of the most renowned wineries in the Emporda located in the towns of Pau and Vilajuïga. You will also discover the rich history of Catalonia.

Day 7

Castello d'Empuries – Figueres

Bike
42km

Today you are heading to Peralade, where you visit the castle and medieval town. From there you ride through a green and wild countryside passing by Garriguella, Vilamaniscle and Rabos with the most ancient groves. You stop to visit the modern cellar of Espolla, before riding down to Figueres. Enjoy the visit of the worl famous Theatre-Museum Daló

Day 8

Departure from Figueres

You walk through this little gem of architecture, have an ice cream on the Ramblas and stroll through the amazing Dali museum.

Accommodation

Category A

You are accommodated in hotels ** / *** selected for their comfort and quality of services and hospitality stars. Breakfast is included.



** Example of the type of accommodation*

Category B

You are accommodated in *** / **** hotels selected for their comfort and their hospitality . The hotels have swimming pools (except Figueres and Torroella) with 2 nights in a hotel with spa. Breakfast is included.



* Example of the type of accommodation

Practical information

To get to departure point:

By plane:

Flight to **Gerona** and shuttle to the city center

Flight to **Barcelona**. You take than a local train to Barcelona Sants (22 min) then a regional train to Gerona (38 min)

On request a shuttle service is available.

To get back to starting point:

Regional trains take you back to your starting point if you wish. They are accessible without booking in advance. You have to buy your ticket on spot (full rate **5.45€/adult**). There are several trains per day.

We can also organise a transfer in a private vehicule on demand.

Meeting time:

The first day is an arrival day without cycling. You arrive whenever you want depending on from where you come. Please note that rooms are usually available in the middle of the afternoon depending on your accommodation. We thank you to advise us if you plan to arrive late.

Price description

Category A

Double room fare

877 €/pers

7 nights in ** or *** hotels

7 breakfasts

6-day rental of a fully-equipped bike (saddle bags, locks, toolkit)

the luggage transport from one lodging to the other

a road book with maps and descriptions of the routes

a touristic leaflet

2 visits and wine tastings

GPS

the return of the bikes

local visitors' taxes

7/7 hotline

Middle season extra (*)

27 €/pers

High season extra (*)

141 €/pers

Extra night in Girona	50 €/pers
Extra for a single room	on request

Category B

1074 €/pers

Double room fare

7 nights in *** or **** hotels or bed & breakfasts

7 breakfasts

7-day rental of a fully-equipped bike (packs, helmets, locks...)

the luggage transport from one lodging to the other

a road book with maps and descriptions of the routes

a touristic leaflet

2 visits and wine tastings

GPS

the return of the bikes

local visitors' taxes

7/7 hotline

Middle season extra (*)

130 €/pers

High season extra (*)

306 €/pers

Extra night in Girona

55 €/pers

Extra for a single room

on request

Option

E-bike extra

111 €/pers

Transfers

on request

(*) Middle season :

From 30.03 to 29.06.2018

From 03.09 to 30.09.2018

(*) High season :

From 30.06 to 02.09.2018

(Trip not recommended in july-august)

Children discount (in the same room as 2 full rate participants)

0-4 year : -70%

5-11 year : -50%

12-17 year : -30%

The package doesn't include:

the journey to the tour location

the drinks

the meals which are not included

the entrance fee to sites

insurances (optional)

For more information or booking : www.levelovoyageur.com
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