

Trip description

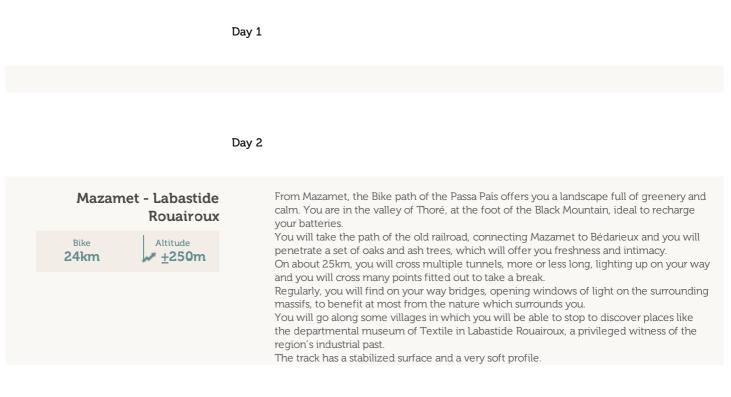
# Discoverf the Passa Païs by bike, multi-activity trip

This medium length trip is perfect to appreciate the Passa païs from all its angles at a peaceful pace. Start your cycling trip from Mazamet and reach Mons la Trivalle in two short stages. You are in the Natural Park of the Haut Languedoc. A descent by Canoe on the Orb River allows you to appreciate the Caroux (local montain) in all freshness. The gorges of Heric are at your fingertips. Go to its discovery on a small hike. Then finish your stay by bike on the Passa Païs in Bédarieux.

Type of stay itinerant trip	•	Destination	France
		Location	Passa Païs
		Duration	5 days
		Difficulty Level	Very easy
		Validity	From march to october
		Minimum age	1 year old
		Reference	PP0501

### Itinerary

The Passa pais ! This old railroad line of the Haut Languedoc region has been 100% transformed into a secure bicycle path and will reveal all its secrets and beauty. As a family, a couple or with friends, you can ride the entire official route from Mazamet to Bédarieux in complete peace of mind. To allow you to appreciate this preserved territory to the maximum, we have planned a canoe descent on the Orb river and a hike in the magnificent Héric gorges. Short stages, magnificent landscapes, cozy accommodations, the conditions are met to raise the head and slow down.



Labastide Rouairoux - Mons la Trivalle 33km	You will leave behind the Montagne Noire and enter the Jaur valley. The Passa Païs will then offer you new landscapes, transition between the Atlantic and the Mediterranean climate. You will be surrounded by green oaks, pines and chestnut trees: you are in the Hérault. The horizon opens up before you and offers you new colors and new vegetation. Some passages of higher level allow you to take height and to reach another point of view on the nature which surrounds you. While stopping at Saint Pons de Thomières, you will discover its abbey church classified as a Historic Monument with its marble heart, formerly extracted from local quarries. It is the largest Romanesque cathedral in the Occitan region. You will take the bike path again and discover until the village of Olargues, a landscape more and more changing offering you a relief of schist and a vegetation of scrubland. In Olargues, a medieval village, a halt is necessary to take advantage of this magnificent village, one of the most beautiful in France, located at the edge of the river at the foot of the Caroux. You will have a few kilometers to ride to Mons la Trivalle, name meaning "mount of the three valleys", which is the gateway to the Orb valley. Classified as a protected natural site, it is the ideal place for cycling. Balance between ocean, mountain.
Day	
Mons La Trivalle options	This day at the same accomodation allow you to combine 2 options (doable in one day)
Day	5
Mons la Trivalle - Bedarieux Bike 19km	You will continue your trip on the Passa Païs in the direction of Poujols sur Orb, a pretty little village at the foot of the Caroux and Espinouse massifs. This stage offers you an open scenery composed of chestnut trees, low shrubs of scrubland and multiple flowers. You will then pass through the famous spa town of Lamalou les bains, with its historic town center and quiet streets. Do not hesitate to visit the bell museum on your way, in Herepian, just after. You will then arrive in Bédarieux, at the gates of the Regional Natural Park of the Haut Languedoc, the end of your trip on the Passa Païs, which will have shown you all its facets.

## Accommodation



You stay in hotels with \*\*\* standards or bed  $\vartheta$  breakfasts selected for their style and quality. Breakfast is included.



\* Example of the type of accommodation

## **Practical information**

How to get to the starting point:

By plane: flight to Toulouse, then TER train to Mazamet

By train: TGV, Intercity and TER to Toulouse, then TER to Mazamet. Travel time from Toulouse is estimated at 1h45. To plan your trip, www.sncfconnect.com

Parking:

If you are coming by car, you can park your vehicle in a quiet public parking lot at the start of the greenway in Mazamet.

Return to the starting point:

A shuttle bus will take you and your bikes back to Mazamet. The meeting point is at 2:00 pm at the train station in Bédarieux on your last day of cycling.

## **Price description**

Category B	€ xxx /pers
Double room fare 4 nights in *** hotels 4 breakfasts 4-day rental of an equipped bike (sadddle bags, locks, toolkit) the delivery of the bike the access to our mobile app including the roadbook and the practical and tourist information 7/7 hotline	
High season (*)	€ xx /pers
Hald-board	€ xx /dinner
Extra for a single room	€ xx /night
Extra night in Mazamet	€ xx /pers
Extra night in Toulouse	€ xx /pers

#### Options

Luggage transport <mark>(4 persons basis)</mark>	xx €/pers
Luggage transport <mark>(2 persons basis)</mark>	xxx €/pers
Luggage transport <mark>(1 person basis)</mark>	xxx €/pers
Extra for solo traveller	€ 90 /pers
Discount if you ride your own bicycle	€ -xxx /pers

Extra for an electric bike

€ xx /pers

(\*) High season : from 01.07 to 31.08.2022

Children discount (in the same room as 2 full rate participants): 0-4 years: -70% 5-11 years: -50% 12-17 years: -30%

The package doesn't include: the journey to the tour location the drinks the meals which are not included the entrance fee to sites insurances (optional)

> For more information or booking : www.levelovoyageur.com +33 (0)1 80 91 98 18 or bonjour@levelovoyageur.com