



Trip description

3-day bike tour along the Atlantic Coast from La Rochelle to Royan

Discover the Atlantic coast from La Rochelle to Royan on this 3-day cycling tour. You ride mostly on bike paths and enjoy scenic landscapes.



Destination	France
Location	Charente-Maritime
Duration	5 days
Difficulty Level	Easy
Validity	From April to October
Minimum age	10 years
Reference	VO0301

Type of stay
itinerant trip



Itinerary



Enjoy a nice 3-day bike tour along the Atlantic coast from La Rochelle to Royan. You start your route in La Rochelle, an ancient fortified harbor, then cycle along the beaches to Rochefort. Take the time to visit the "Corderie Royale" and the Hermione, an impressive replica of the French warship of 1779. Then, you cross the Charente river using the last French transporter bridge to reach the charming citadel of Brouage. Your path continues through the marshes of Marennes and oyster farms to La Tremblade where you spend the night. For your last day, you cycle along the beautiful bay "Baie des Anses" to the seaside resort of La Palmyre. Finally, you arrive at Royan and the Gironde Estuary.

Day 1

La Rochelle

La Rochelle prosperous past can be easily noticed thanks to its nice architecture from which the old fortified harbor is remarkable.

The city offers a wide range of cultural and touristic activities. Do not miss La Rochelle aquarium. The city is very well equipped with cycling paths, which makes it perfect for discovering it on a bicycle.

Day 2

La Rochelle – Rochefort-sur-mer

Bike
42km

Begin by riding on the seaside cycling path through small villages such as Les Boucholeurs or Chatelaillon-Plage. As you pedal along the marshes, try and spy the birds, herons and storks in the area.

When you reach Rochefort, notice the distinct naval architecture. The city was an active naval base from the time of Louis XIV until 1926. You might want to tour the Corderie Royal, an interesting rope factory where all the ropes for military sailboats were made. Enjoy flowers? The Conservatoire du Begonia houses the world's largest collection of begonias!

Day 3

Rochefort - La Tremblade

Bike
40km

Start the day by admiring France's last transporter bridge. Classified as a national monument, the bridge gets walkers, runners and bikers cross the river safely. A moveable section of the bridge carries a segment of the roadway across a river.

Continue biking along the canals then through the marshes populated by storks. Discover Brouage citadel built by the French engineer Vauban and bike along the oyster farms until the coast of Marennes beaches.

You cross over the Seudre River and end your day in La Tremblade.

Day 4

La Tremblade - Royan

Bike
39km

You bike through La Tremblade forest till the lighthouse "Phare de la Coubre". You ride on along the superb bay "Baie des Anses" and reach La Palmyre. You keep along the seaside which gradually becomes rockier and offers beautiful little coves before getting to Royan and the Gironde Estuary.

Day 5

Departure from Royan

You can decide to extend your stay or start your return travel.

Accommodation

Category A

You stay in ** hotels where you will be hosted with a warm welcome. Breakfast is included.



** Example of the type of accommodation*

Category B

You'll get a good night's sleep when you stay in these 3-star hotels or Bed and Breakfasts. All properties have been selected for their cleanliness, style and friendliness of the staff. A hearty breakfast is included!



** Example of the type of accommodation*

Practical information

To get to departure point:

By plane: flight to Paris or Nantes or La Rochelle.

By train: TGV (fast trains) from Paris Montparnasse (direct or with a connection in Poitiers). The duration of the trip is estimated between 3h15 and 3h45. Inter-regional trains from Bordeaux and Nantes. To plan your trip, www.raileurope.com.

Parking

If you drive to La Rochelle, you can park your car in a secured car park located in the city center: parking Vieux Port Sud (Avenue de Colmar, weekly rate: 60€) or parking Verdun (place Verdun, 15€/day).

To get back to starting point:

Regional trains take you back to your starting point if you wish. Change in Saintes. They are accessible without booking in advance and bicycles are free. You have to buy your ticket on spot (full rate ~19€/adult). There are several trains per day. The travel will take between 1.30 and 2 hours. You will find the timetable in your travel documents.

Meeting time:

The first day is an arrival day without cycling. You arrive whenever you want depending on from where you come. Please note that rooms are usually available in the middle of the afternoon depending on your accommodation. We thank you to advise us if you plan to arrive late.

Price description

Category A Double room fare	529€/pers
4 nights in ** hotels 4 breakfasts 3-day rental of a fully-equipped bike (saddle bags, locks, toolkit) the access to our mobile app including the roadbook and the practical and tourist information the delivery and the return of the bikes 7d/7 hotline	
High season extra (*)	25 €/pers
Halfboard	120 €/pers
Extra for a single room	60 €/night
Extra night in La Rochelle	65 €/pers
Extra night in La Rochelle - High season (From 01/07 to 31/08)	68 €/pers
Extra night in Royan	87 €/pers

Category B Double room fare	589 €/pers
4 nights in *** hotels 4 breakfasts 3-day rental of a fully-equipped bike (saddle bags, locks, toolkit) the access to our mobile app including the roadbook and the practical and tourist information the delivery and the return of the bikes 7d/7 hotline	
High season extra (*)	50 €/pers
Half-board (4 diners)	135 €/pers
Extra for a single room	79 €/night
Extra night in La Rochelle	93 €/pers
Extra night in Royan	99 €/pers

Options

Extra for luggage transport	85 €/pers
Extra for luggage transport - low season From April 1 to June 14 and from September 16 to October 31, 2023	123 €/pers
Extra for solo traveller	80 €/pers
Extra for the rental of an electric bike (3 days)	55 €/pers
Discount if you ride your own bicycle	-55 €/pers

High season :

from 01.07 to 31.08.23

Children discounts (in the same room as 2 full rate participants)

0-4 year : -70%

5-11 year : -50%

12-17 year : -30%

The package doesn't include:

the journey to the tour location

the drinks

the entrance fee to sites

insurances (optional)

For more information or booking : www.levelovoyageur.com
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